

Silence Me

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Soft enough to melt into pieces

to feel everyone's pain

every insult stinging like a bee

swelling my entire body.

You're too vulnerable

too weak to have an opinion.

So quiet down.

My voice was no longer mine

silence me

you did before

holding my mouth shut

when my insides were urging to speak.

Soft enough to melt but

strong enough to set fire.

I was not born like butter

my body was born strong

enough to run miles a day

to fight for myself

to voice my opinions.

My heart melts

but my voice sets fire.

Let me speak

I am more than

you think I cried.