



LIONS DEN DAY

This is a student led initiative, Crestwood Prep Basketball Athletes and Supporters are joining together to share their love for basketball with younger lovers of the sport. Lions Den Day offers the entire family the opportunity to experience basketball together, while increasing personal health, confidence and overall wellbeing.

The ABCDE's of Lions Basketball

Attitude – A positive learnt behaviour what has the potential to change every situation.

Balance – The ability to be successful in life while dealing with your basketball, academic and personal life.

Commitment – Every player working towards the same goal.

Discipline – The ability to do the right thing, at the right time, every time, no matter who is watching.

Excellence – Is relative to effort, energy, execution and emphasis on the little things.

LIONS DEN TEACHES:

Unselfishness – Being able to take the attention off of ourselves and put it on our teammates.

Victory – What we strive for every time we step on the floor. Not just on the scoreboard.

WIN – What's Important Now?

Join with Crestwood Prep and the Crestwood Lions as we celebrate our 1st Annual LIONS DEN DAY. A day focused on giving back through **BASKETBALL!**



217 Brookbanks Drive, Toronto, ON M3A 2T7

Email: lions.basketball@crestwood.on.ca

Phone: (416) 391 – 1441

Lion Cub Clinic Information & Registration (647) 703-2691

Lion's Cub Clinic Registration Form 2016

Participants Name: (first) _____ (last) _____

Address _____ Town/City _____

Province _____ Postal Code _____ Phone Number: (____) - ____ - _____

Date of Birth (mm/dd/yy) _____ Gender (circle): M / F

Grade: _____

Shirt Size (circle one): Small/Medium/Large/Extra-Large

Shirt Style (circle one): Adult or Youth

Parent's Name: _____ Work Telephone Number (____) - ____ - _____

Home Telephone Number (____) - ____ - _____ Cell Phone Number (____) - ____ - _____

Email Address:

School Attending:

Payment Method: Cheque ___ Money Order__ Cash__ Email Transfer__

*Cheques and Money Orders can be made payable to *Crestwood Preparatory College*

*Email Transfers can be sent to: lions.basketball@crestwood.on.ca - password is your child's initials, date of birth followed by Crestwood i.e., Adam Thompson 03/23/2002 = (AT03232002Crestwood)

Signature of Parent or Guardian: _____

Date: _____